## Creating My Development Plan

## Step 1: Identify your professional development needs.

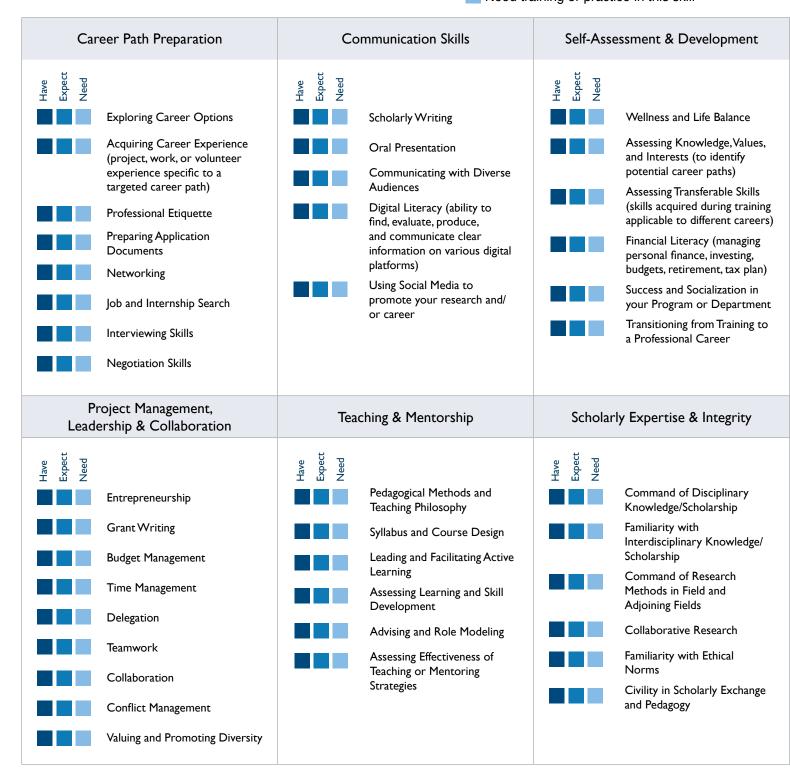
Continuing your professional development is critical at all phases of your career. Consider your level of proficiency in the following list of core professional skills and in which areas you need to develop during this phase of your career.

For each skill, identify whether you:

Have a solid proficiency in this skill already

Expect to learn this skill from mentor or program

Need training or practice in this skill



## Step 2: Identify training needs specific to your goal.

Now, consider your professional goals during your training career at UCLA and your professional goals in pursuing a future career path. Consider what additional skills and training you may need to meet those goals, beyond those identified in Step 1.

For each goal, list additional skills or training needed and note whether you:

Expect to learn this skill from mentor or program

Need training or practice in this skill

Identify your research, academic, and training goals	Any additional skills, tra or experience needs	
	Expect	
E.g. Prepare for presenting thesis work at seminars and conferences	Join toastmasters group	
E.g. Expand my network of mentors beyond my faculty advisor	Take networking worksh	ор
Identify your career and career path exploration goals	Any additional skills, tra	ining,
identity your career and career path exploration goals	or experience neede	
identify your career and career path exploration goals	or experience neede	
	or experience neede	ed
E.g. Develop some experience in my career path of interest  E.g. Find opportunities to network with professionals in my field	or experience neede	ed
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