WINTER OFFERINGS

UCLA

Sponsored and hosted by UCLA Bioscience Graduate Programs & Postdoctoral Affairs.

JANUARY

F32 Workgroup (12 Sessions)

Reoccurring Weekly on Tuesdays, Jan. 16 - Apr. 2, 12:00-2:00 PM (Zoom)

<u>Apply here</u> •

Leadership Series: Time Management

Wednesday, Jan. 17, 4:00-5:30 PM (Zoom)

RSVP here by Jan. 15 ◆ ••• ○

IBLAQ Community Event

Wednesday, Jan. 24, 12:30-2:00 PM (In-Person)

RSVP here by Jan. 14 * • □

Mentoring Up: Aligning Expectations

Wednesday, Jan. 31, 4:00-5:30 PM (Zoom)

RSVP here by Jan. 29 ◆ ♣ •

FEBRUARY

Postdoc Research Mentor Training

Friday, February. 9, 9:00 AM-4:30 PM (In-Person)

RSVP here by Jan. 31 •

Leadership Series: Navigating Conflict

Tuesday, Feb. 13, 9:00-10:30 AM (Zoom) RSVP here by Feb. 11 ◆ ♣ •

Bioscience Women's Circle Breakfast

Friday, Feb. 23, 9:00-10:30 AM (In-Person)
RSVP here by Feb. 14 *••• •

Leadership Series: Building Research Self-Efficacy

Tuesday, Feb. 27, 12:00-1:30 PM (Zoom) RSVP here by Feb. 24 ◆ ♣ • • •

MARCH

Leadership Series: Developing Positive Mental Habits, Pt. 1

Wednesday, Mar. 6, 12:00-1:30 PM (Zoom)
RSVP here by Mar. 3 ◆ ••• ○

Bioscience Women's Circle Workshop

Thursday, Mar. 21, 4:00-5:30 PM (In-Person)

RSVP here by Mar. 11 ◆※♣ • ○

Further Information

<u>bioscience.ucla.edu</u> <u>biomedpostdoc.ucla.edu</u>





- **♦** Workshops
- *** Community Events**
- Postdocs